



# Winter Menu

## Week 3



	<b>Meat free Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Red</b>	Tomato herb pasta	Sausages	Chicken and vegetable pie	Mild chilli con carne	Omega 3 fish fingers
<b>Green</b>	Mac & cheese	Quorn sausages	Veggie pie	Quorn con carne	Quorn dippers
<b>On the side</b>	Garlic bread and carrots	Mash, peas, sweetcorn and gravy	New potatoes, green beans and gravy	Rice and carrots	Wedges and peas
<b>Yellow</b>	Jacket potato with a choice of beans, cheese or tuna				
<b>Blue Grange meal deal</b>	Cheese roll	Sausage baguette	Chicken wrap	Ham roll	Fish finger wrap
<b>Dessert</b>	Coconut and cranberry cookie	Fruit or yoghurt	Apple crumble with custard	Fruit or yoghurt	Iced cake